

# Pacific Ramblings Newsletter

## March 2019 Issue 6

### Message from your President - Bill Fernihough

I am heading to Palm Springs for a few weeks, amidst forecasts of lovely weather coming to this area after a rough month weather wise. In spite of the weather, we had a good month for our activities, including a presentation from the Royal Columbian Hospital and a generous donation to the Royal Columbian by all of you.

[Click here to read the thank you letter from the Royal Columbian Hospital in gratitude for your generous donation.](#)

It is heart warming and I am happy to think we did something to save lives, maybe one of us.

Stan Hortness has the reins for the next few weeks while I am away.

I wish you all good weather and a happy Easter.

### Upcoming Events

**Free Gluu Tech Talks** - March 26 - Power Pioneers have partnered once again with Gluu Technology Society to offer our members two fun and informative Tech Talks and two hands-on classes for free! Gluu is a non-profit society that helps older adults use technology so they can lead healthy, connected lives and age in the homes they love.

[Click here for more information.](#)

**April Ramble** - April 9 -The Ramble will be at the Fort Langley National Historic Site located at 23433 Mavis Ave, Fort Langley. Group will meet at 10:45 A.M. at the Main Entrance to the Fort. Lunch will follow at the Fort Pub and Grill located at 9273 Glover Road, Fort Langley. Contact Ben Dobranowski at 604-599-8663 or by email at [ben.dobranowski@shaw.ca](mailto:ben.dobranowski@shaw.ca) to let him know you are planning to attend. *(Roy is on a holiday and Ben is his temporary fill-in)*

**April Bowling** - April 17 - Bowling 4 p.m. Cloverdale Lanes. Dinner to follow. Contact Marilynne Hedley at 604-590-5594 or Velma Derksen at 778-593-0077.

**March Lunch and General Meeting** - March 28 - 11:30 am- 1:00 pm Semiahmoo Fish and Game Club. The program for the meeting will be a presentation by Rebeca Menini from BC Children's Hospital Foundation. She will provide us with an update on the latest improvements at BCCH including programs, goals and objectives for fund raising and how the Power Pioneers can best continue to support their programs. it will also give us a great opportunity to promote the month of April Jeans Day activities.

**Day at the Races** - April 7. There are still a few places left for our annual "Day at the Races" at the Cloverdale Fraser Downs Race Track. The cost is \$23.50 per person which includes a buffet lunch, taxes and tip. The doors open at 12pm and we will eat at 12:45. Please contact Velma Derksen at 778-593-0077 for tickets.

**Care News** - For all those unwell, we miss you and our thoughts are with you. Contact Esther Excelby at 604-507-0230 or by email [jexelby30@gmail.com](mailto:jexelby30@gmail.com).

**Recipe of the Month** - With our Pacific Pot Luck picnic coming up in June, it is a good time to send in your favorite pot luck recipe. for publication in the April or May newsletter. Email to Heather Mullan at [hmullan@telus.net](mailto:hmullan@telus.net).

## Recent Activities

**February Lunch and Meeting** - the February meeting was a busy one with a presentation from the Royal Columbian Hospital and a generous donation to the hospital from our members.



An information session on TV Streaming was held at the end of the meeting.



[Click here for more pictures.](#)

## Newsletter Feedback

This is the sixth edition of Our Pacific Ramblings Newsletter and 73% of the Pacific folks with emails are opening and reading our newsletter.

It is time to ask all of you for some feedback on our newsletter. Is there

- anything you would like to see in the Newsletter
- anything you want more or
- anything you want less of?

Please send your feedback via email to Heather Mullan at [hmullan@telus.net](mailto:hmullan@telus.net)

QUOTE OF THE MONTH



## Feedback

If you would like to submit ideas for the newsletter, require more information or would like to comment, please email [hmullan@telus.net](mailto:hmullan@telus.net).