

**PACIFIC UPDATE** 



## **Message from our Executive Committee**

We hope this Newsletter continues to find you and your family safe and well. Though it has been a short time since our last newsletter we would like to keep in touch and share any current information as it becomes available.

Your executive managed to harness the power of Zoom, an internet based meeting platform, with success! Our virtual meeting ran very smoothly and judging by the meeting minutes was also productive. We've attached the meeting minutes in the newsletter below.

If you haven't tried Zoom (or FaceTime or Skype) these are great social tools to connect with your family and friends. You can install it on any of your devices, computer, tablet or phone. Please see more about how to use Zoom in this newsletter.

As we hear from the Provincial Health Authority it appears that there may be a relaxation of some restrictions allowing more stores along with public spaces to open, perhaps by the middle of May. But we all still need to be vigilant when it comes to going outdoors by maintaining physical distancing, wearing masks and avoiding those that don't. Hopefully

the public will all wear masks when out and about. We know that as Power Pioneers, we are in that high risk, vulnerable age group and a vaccine can't come soon enough.

As you may be aware, this year many of the events we would normally be volunteering at are cancelled; BC Hydro Surrey Safety Rodeo, Stave Falls Family Day, and the Hydro Hockey Tournament. In addition our Potluck Lunch in June and the Salmon BBQ in August are cancelled. A glimmer of hope exists for our Christmas Luncheon in November with the date confirmed with Newlands Golf and Country Club.

As mentioned in the last newsletter, many Power Pioneers are taking the iPhone and/or iPad webinars put on by Gluu. If you're interested, the Gluu team has added more classes starting May 20. It is worth checking out.

#### Click here to register.

As you know and have personally experienced, we have an exceptional team of phoners led by Wendy Doka, who periodically give all members a call or email to check in with them and pass along any Branch news.

The Phoners and the Pacific members they are responsible to phone are (it's by alphabetical last names):

A to B ... Barb Heggie.... 778-388-2858

C to D ... Joan Jesson .. 778-840-8872

E to Gr ... Shawn MacDougall ... 604-944-3061

Gw to J ... Maxine Dobranowski ... 604-599-8663

K to Ma ... Penny McLeod ... 604-594-3990

McD to Pa ... Celia Hortness ... 604-626-0500

Pe to Sma ... Karen Agbayani ... 604-590-6410

Smi to Z ... Ellen Ratzlaff ... 604-514-1213

#### Here is a link to our Executive Committee names and contact information.

We also have a great team of volunteers willing to offer support such as picking up groceries, medications, or other items you may need if you don't want to venture out.

You just need to contact your phoner or any of the executive committee members.

Your executive hopes that you continue to stay safe and well. If you have a story to share on how you are dealing with COVID-19 like any interesting activities to keep sane and busy (mentally or physically) or a funny tidbit we could share in a future newsletter then send it to the email address below.

# Your Executive Pacific Power Pioneers



Executive Committee Zoom Meeting. Members left to right by row top to bottom. Top row: Dave Thomas, Ben Dobranowski, Mel Dear, Wayne McLeod. Middle row: Kathy Chambers, Heather Mullan, Bill Fernihough, Marilynne Hedley, Bottom row: Roy Charlesworth, Linda Strobl, John Strobl, Velma Dersen(no photo). Some members were unable to attend.

## **Upcoming Events**

**2020 Christmas Luncheon** - After reviewing feedback from the 2019 Christmas Luncheon and looking at other possible venues, your Executive Committee made a

decision to continue on holding our Christmas Luncheon at the Newlands Golf and Country Club as it is the best venue for our group.

We will be working with Newlands Catering Sales Coordinator to ensure the 2020 Christmas Luncheon does not experience similar issues to the 2019 Luncheon.

Newlands Golf and Country Club has reserved November 26, 2020 for the Pacific Power Pioneers Luncheon and they will be in touch with us when the restrictions have been lifted to get a contract drawn up and a deposit made.

### **Keeping Our Members Informed**

Although we are unable to meet in person at our monthly meetings, the Pacific Branch Executive Committee is still working on behalf of our members. In the normal course of events, printed copies of meeting minutes would be on the tables at our lunch meetings.

In order to keep you informed about Branch news, we have attached the minutes of the April 21, 2020 Executive Committee meeting and the minutes of the February 27, 2020 branch meeting.

Click here to read the April 21 2020 Executive Committee meeting minutes.

Click here to read the February 27, 2020 branch meeting minutes.

# **Zoom Branch Meeting and Using Zoom**

Are you missing your Pacific Branch lunch meetings and seeing your friends? Are you interested in trying a branch general meeting via Zoom? It's a good way to connect with other Pacific Branch members when you can't see them in person.

Please let us know if you are interested in attending a branch meeting via Zoom by emailing pacificpowerpioneers@gmail.com.

If there is enough interest, we will go ahead with a Zoom branch general meeting.

Help will be available to get you up and running on Zoom for the meeting.

Unfortunately we can't serve lunch but we can provide a bit of an update and maybe a video and a laugh or two.

We have also provided a detailed overview of Zoom and how to get up and running with it, in case you want to try having a zoom meeting with your family and friends.

**Click here for Zoom instructions.** 

#### **Care News**

Bill Hedley had a bad fall recently and required surgery for a broken ankle. He is now recovering in Surrey Memorial Hospital.

Mary Fernihough is doing fine after her surgery.

Ernie Winkelmann is three quarters of the way through his cancer treatment and is doing fine, though a bit tired. Barb and Ernie's grandson is doing the shopping for them.

Jim Exelby is doing better.

Ann Egan is still recovering from Shingles.

#### Who are these masked members?





Are you wearing a mask these days?

We are having a contest. Send us a photo of you wearing your mask and get entered into a contest for one of 3 Tim Horton's Gift Certificates.

To enter, send a photo of you in your mask to <a href="mailto:pacificpowerpioneers@gmail.com">pacificpowerpioneers@gmail.com</a>

We will display some of our masked members in the next newsletter. We will also be putting the photos in SmugMug. <u>Click here to view SmugMug folder.</u>

# Want to Make and Donate Masks to Seniors and Others in the Community?

The volunteer group Sew4Us, is a Facebook group launched by operators of the Kinsmen Lodge They are making and distributing face masks to the community and have lots of requests for masks. They are looking for Sewers to help make and donate homemade adult size masks for distribution.

# Click here to see the recent article in the Cloverdale Reporter about the Sew4Us group and the Kinsmen's Lodge

They have provided a very straight forward, simple mask pattern and are asking that we use 100% cotton material and elastic for ear loops. They said sewers can use fabric ties if they don't have elastic.

#### Click here for the mask pattern.

If you are interested in sewing masks, OR if you have 100% cotton fabric or elastic you want to donate to others to make masks, please email **Heather Mullan**.

# Senior's Safety

To prevent the spread of COVID-19:

Clean your hands often. Use soap and water, or an alcohol-based hand rub.

Practice social distancing (2 meters)

Maintain a safe distance from anyone who is coughing or sneezing.

Don't touch your eyes, nose or mouth.

Cover your nose and mouth with your bent elbow or a tissue when you cough or sneeze.

Stay home if you feel unwell.

If you have a fever, a cough, and difficulty breathing, seek medical attention. Call in advance.

Click here to view a video on how the virus spreads.

#### **QUOTE OF THE MONTH**

Hubby and I went to the store with our masks on,
got home took masks off,
brought home wrong hubby.

Pay attention people!

If you require more information or would like to comment, please do so to <a href="mailto:hmullan@telus.net">hmullan@telus.net</a>

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power.pioneers@bchydro.com 604 623 3790

#### Our mailing address is:

333 Dunsmuir Street, 15th Floor, Vancouver, BC, V6B 5R3

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